

Instruction for UTI specimen collection

Acutis Reveal™ UTI

For patients

Materials



Hand washing



Urine collection cup



Castile soap towelette

Steps

1 Before collecting specimen, check the expiration date of the collection device. If expired, do not use and dispose immediately.

2 The patient should not have urinated for at least 1 hour prior to specimen collection. Have the patient wash their hands and obtain a urine specimen in the urine collection cup by using the clean catch method.

• For girls and women

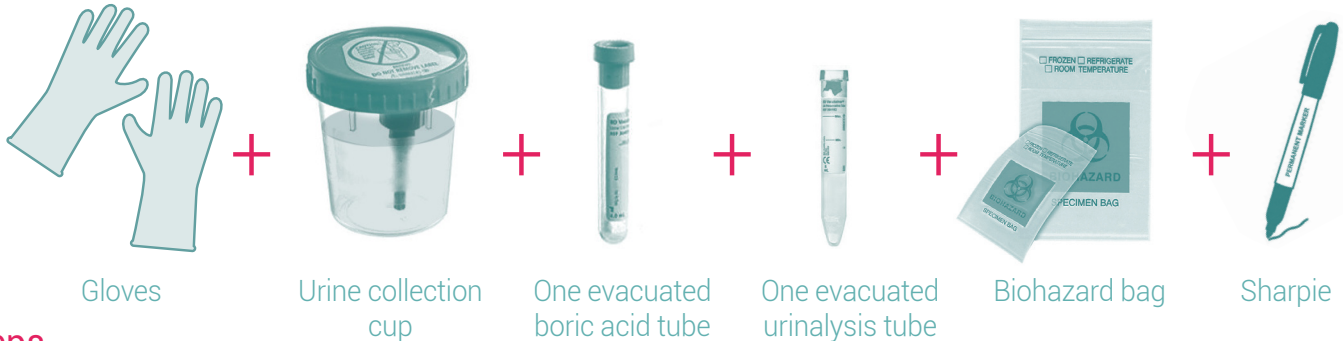
- Open the urine collection cup, do not touch the inside.
- Sit on the toilet with your legs spread apart, use two fingers to spread open the labia.
- Use the sterile wipe to clean the inner folds of the labia.**
Wipe from front to back.
- Keeping the labia spread open, urinate a small amount into the toilet bowl.
- Hold the urine cup a few inches from the urethra and urinate until the cup is about half full.

• For boys and men

- Clean the head of the penis with the sterile wipe.**
If not circumcised, pull back the foreskin first.
- Urinate a small amount into toilet bowl.
- Collect a small amount of urine into the clean or sterile cup, until it is half full.

For specimen collectors

Materials



Steps

1 Instruct patient to give the urine filled cup to a healthcare professional immediately after collection.

2 Transfer the specimen into the evacuated tube **immediately**:

- a. Place cup upright on clean, flat surface.
Follow UTI Specimen Collection Using Urine Transfer Straws if volume is insufficient.
- b. Peel back label on cap to expose the integrated transfer device.
Note: the collector must fill the boric acid tube first, and then the urinalysis tube.
- c. Place evacuated tube into cavity on cap, stopper down.
Advance the tube over puncture point to pierce stopper.
- d. Hold tube in position until specimen reaches minimum fill line.
- e. Remove tube from integrated transfer device.
- f. Mix tube 8-10 times by inversion.
- g. Replace label over integrated transfer device cavity and reseal.
Use caution to avoid contact with needle when replacing label.
- h. Repeat steps **d** to **g** with the urinalysis (red and yellow marbled top) tube if ordered.
- i. Label sample and complete requisition using patient's name, date of birth, specimen collection, date and time, and initials of the specimen collector for transport to laboratory.
- j. Treat the screwcap of cup as contaminated sharp and discard in biohazard container approved for sharps disposal as per your facility's recommended procedure.



Mailing instructions

- Only use orange specimen bags for UTI samples
- Confirm a legible label from the top of the Acutis Reveal™ requisition is affixed to the specimen tube
- Place tube into the sealed compartment of the orange specimen bag
- Be sure to include in the specimen bag the following items:
 1. Test requisition form with patient demographics
 2. Copy of front and back of insurance card
 3. Medical records indicating medical necessity
- Place the orange specimen bag into the FedEx / UPS Lab Pak
- Affix prepaid return label, and schedule a pickup
- Send to Acutis Diagnostics: 68 Culver Road, Suite 150B, Monmouth Junction, NJ 08852